

# ◇ 2 AESTHETIC REALISM CLASSES ◇

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

————— SATURDAY ✦ JANUARY 9 ✦ 11 AM -12:30 PM —————

## *The Mix-Up in Every Wife about Coldness & Warmth!*

**UNDERSTANDING MARRIAGE CLASS—OPEN TO ALL WOMEN**

*Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Pauline Meglino*

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

The relation of coolness to warmth, cold to heat, is a relation in every person. It is a big thing in love. We can get too excited, or we can become cold, and most people are doing one or the other or a bad mingling of both. While people are looking for serenity in love, they want excitement. This is another way of saying we want to be cool and hot at the same time.

[From *Poetry and Love*, by Eli Siegel] Fee \$10

————— SATURDAY ✦ JANUARY 16 ✦ 11 AM -12:15 PM —————

## *What Makes Our Anger Right or Wrong; or, What Can We Learn from the Life of Dr. Martin Luther King?*

**LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE**

*Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy*

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

There is such a thing as good anger. In a good anger we are fighting for the beauty of the world....But there is also an anger which comes from thinking too much of ourselves; an anger which comes from conceit....It is hard being angry in the right way. When we are not angry in the right way, something in us knows we are wrong, and we don't like ourselves for it.

[From *Aesthetic Realism and Anger and Children's Guide to Parents & Other Matters*, by Eli Siegel] Fee \$7

Labor donated

**AESTHETIC REALISM FOUNDATION**



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[www.AestheticRealism.org](http://www.AestheticRealism.org)  
A not-for-profit educational foundation

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