

# ◇ 2 AESTHETIC REALISM CLASSES ◇

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

———— SATURDAY ✦ FEBRUARY 6 ✦ 11 AM -12:30 PM ————

## *Love & Possessiveness—What's the Crucial Difference?*

**UNDERSTANDING MARRIAGE CLASS—OPEN TO ALL WOMEN**

*Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Pauline Meglino*

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

Love is a way of liking the world symbolically through a person. But often it comes to be a substitute....I have mentioned a woman who felt bad because her husband was happy even though he was away from her. Possessiveness has one criterion: you don't want anybody to make the person happy but yourself. It makes for all sorts of miseries and disorders. Possessiveness is really not the caring for a person; it is the caring for the importance that a person gives us. There is a great difference.

[From *Reality Includes Sex*, by Eli Siegel] Fee \$10

———— SATURDAY ✦ FEBRUARY 20 ✦ 11 AM -12:15 PM ————

## WERE THEY EQUAL?—*Tortoise, Elephant, & Hippopotamus Tell Us about Ourselves!*

**LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE**

*Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy*

**GUEST TEACHER: ARNOLD PEREY, AUTHOR, AESTHETIC REALISM CONSULTANT**

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

Tortoise is the animal who plays tricks in many African stories. His job is to even the score when important folk are unfair. This story comes from the feeling in people—here Hippopotamus and Elephant—that having contempt for others is wrong....I learned from Aesthetic Realism that every one of us can think that we're big stuff when we make less of other people....So when Tortoise teaches Hippo and Elephant a lesson, we should learn from it.

[From *Were They Equal?*, by Arnold Perey] Fee \$7

**AESTHETIC REALISM FOUNDATION**



**141 GREENE ST., NYC 10012**